

DECEMBER 2023 Satellite Lunch Menu

Breakfast and Lunch are FREE for all students!
Our menu consists of Whole Grains, Fresh Fruits and Vegetables.

Students must take a fruit and/or a vegetable with each lunch.

All meals are served with milk.

Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily

V=Vegetarian LG=Locally Grown LTO=Limited Time Offer
HOTM=Harvest of the Month



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bosco Cheese Stick with Marinade Sauce V 27 Chicken Caesar Salad with Flatbread LG Ham and Cheese Sandwich Broccoli & Carrots LG Apple & Pears	Hamburger & Cheeseburger 28 Pizza Platter Chicken Caesar Wrap Roasted Chickpeas & Cucumbers Clementines & Apples	Chicken Tenders with a Dinner Roll 29 Kale Chicken Caesar Salad with Flatbread LG Ham and Cheese Sandwich Corn & Carrots LG Bananas & Berry Cup	Chicken Parm Sub 30 Pizza Platter Chicken Caesar Wrap Green Beans & Carrots LG Pears & Fresh Fruit Cup	Cheese Pizza V 1 Kale Chicken Caesar Salad with Flatbread LG Ham and Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas
Pizza Cruncher V 4 Asian Chicken Salad with Flatbread Tuna Salad Sandwich on a Bulky Roll Carrot Fries LG & Green Beans Apples & Pears	Lowell Grande Nachos 5 Pretzel Platter V Turkey BLT Sub Zesty Coleslaw & Broccoli Oranges & Applesauce	Chicken Tenders with a Roll 6 Vegetarian Chicken Nuggets with a Roll V Asian Chicken Salad with Flatbread Tuna Salad Sandwich on a Bulky Roll Cucumber & Side Salad LG Banana & Berry Cup	Waffles and Chicken Sausage 7 Pretzel Platter V Turkey BLT Sub Roasted Veggies & Green Beans Pears & Fresh Fruit Cup	Cheese Pizza V 8 Asian Chicken Salad with Flatbread Tuna Salad Sandwich on a Bulky Roll Roasted Chickpeas & Red Peppers Apples & Bananas
Country Chicken Bowl with Corn Muffin 11 Ham Chef Salad with Flatbread LG Italian Sub Carrots LG & Roasted Potatoes Apples & Pears	Crispy Chicken Sandwich & Spicy Dip 12 Bagel Power Pack V Moroccan Harissa Chicken Wrap Kickin' Beans & Broccoli Oranges & Applesauce	Penne Bolognese with a Breadstick 13 Ham Chef Salad with Flatbread Italian Sub Cucumber & Parm Carrots LG Bananas & Berry Cup	Hamburger & Cheeseburger 14 Bagel Power Pack V Moroccan Harissa Chicken Wrap Green Beans & Spicy Carrots LG Pears & Fresh Fruit Cup	Cheese Pizza V 15 Ham Chef Salad with Flatbread Italian Sub Red Pepper Strips & Side Salad LG Apples & Bananas
Deluxe Chicken Sandwich with our NEW Honey Bee Sauce 18 Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Pickled Cucumbers & Carrots LG Apples & Pears	Pizza Cruncher V 19 Chocolate Hummus Platter V Caprese Chicken Platter Celery & Kale Caesar Salad LG Pears & Fresh Fruit Cup	Holiday Meal! 20 Chicken Cordon Bleu with a Dinner Roll Falafel Bowl with Tzatziki and a Dinner Roll V Roasted Potatoes & Maple Carrots LG Peach Cobbler	Chili Garlic Popcorn Chicken 21 Lo Mein Chocolate Hummus Platter V Caprese Chicken Platter Celery & Kale Caesar Salad LG Pears & Fresh Fruit Cup	Cheese Pizza V 22 Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas
25 	26	27	28	29
<h1>Happy Winter Break!</h1>				